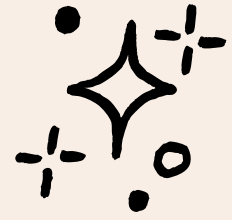




Meet Your Social Prescribing Service



What is Social Prescribing?

Social prescribing aims to connect you to local services to improve your physical and mental wellbeing.

We can link you to support with...

Social & creative activities

Befriending &
support groups

Employment &
volunteering

Housing




Education &
training

Benefits & finances

Healthy lifestyle
& physical
activities

Drop-in to Meet Us...

 **Ivy Grove Surgery Reception**
Steeple Drive, Ripley, DE5 3TH

Monday 10th June

10:30am - 12pm

Who is it for?

- ▶ Adults (18+)
- ▶ Young people (11-18)

Scan me to
learn more
about social
prescribing

